



Comleroy Road Chronicles



Telephone: 02 4576 1600

Fax: 02 4576 1620

Email: comleroyrd-p.school@det.nsw.edu.au

Web Address: www.comleroyrd-p.schools.nsw.edu.au

Principal: Mrs Kristen Barglik

Principal's message

Thank you to everyone who attended our meet the teacher evening and to all those parents who gave valuable input into the two policies we are reviewing this year. Your feedback is extremely valued and important for us to keep our policies relevant and purposeful. At our next P&C meeting on Tuesday 2 April we will be discussing the schools Anti-Bullying policy so please feel free to come and join us as we discuss our updated policy. The meeting will commence at 6:30pm in the staffroom.

Last week I was fortunate to attend the National Leaders Day with our Captains, Prefects and SRC Leader. We listened to many inspirational speakers who highlighted the challenges and obstacles they encountered along their journey. They all spoke about how resilient they had to be when things didn't go according to plan.

Resilience is what helps us cope with situations and helps us manage when things become difficult. Here at Comleroy Road we speak to the students regularly about resilience and are working hard to build their strategies to manage challenging situations. To help develop resilience we encourage students to:

- have a positive attitude and think positive thoughts
- feel good about themselves and look after themselves
- solve problems and overcome challenges in a positive manner (standing up for themselves)
- find good, supportive friends
- help others
- have good communication with the people around them
- identify what they can control and what they can't control
- identify what they can do to make things better
- give things a go and try their best
- move on and don't let the frustration build over time
- accept that negative things can happen.

Thank you for your ongoing support.

Kristen Barglik

Principal

Dates to Remember

March 2019

Friday 29th March 2/3K Assembly 2pm

April 2019

Thursday 4 th April	Stage 2 camp at Lutanda
Tuesday 9 th April	Parent Teacher Interviews
Wednesday 10 th April	K-2 Excursion- Possum Magic
Friday 12 th April	Easter Hat Parade 12-1pm
	Last day of Term 1
Monday 29 th April	Staff development day
Tuesday 30 th April	Students return for Term 2

Upcoming events are posted on our school website.

www.comleroyrd-p.schools.nsw.edu.au

Our school newsletter and notes are also available through School ENews. Register your email address **on the school website** to receive a full colour newsletter direct to your inbox.

BIRTHDAYS

Happy Birthday to the following students that celebrate their birthday in:

MARCH

Daniel, Kane, Adam, Jacob, John
Brock Edgar Edgar Liam

APRIL

Vienna, Ryan P-R.,
Joshua B and Julian

We hope you have a wonderful day!

Principal Awards:

Commitment to learning

KT - Madeline

1/2M - Caleb

2/3K - Annabel

4/5C -

5/6G - Jade

Merit Awards:

KT - Bethany and Isabelle

1/2M - Cove and Vivienne

2/3K - Cooper R and Diesel

4/5C - 5/6G - Jack M and Shyla



COMLEROID ROAD PUBLIC SCHOOL

SAFE: I make wise choices to ensure no harm comes to anyone.

RESPECTFUL: I appreciate everyone for who they are. I will use positive words and actions to ensure everyone feels accepted.

LEARNERS: I am always ready to do my best. Education is a life-long process. It gives me opportunities for life.



School Enews APP

I would like to encourage all our families to download the school **enews** app, and if you are on Facebook, to like our school page. We send many notes home with students and sometimes they can get lost. By downloading the school app and liking the school Facebook page you can make sure that you will still receive important information, as notes are sent home through the app and Facebook has regular updates about important events.

Canteen volunteers needed!

The canteen is in urgent need of volunteers, the school canteen is run by the P & C and is a voluntary service for your children to enjoy, with the majority of the money raised kindly being donated back to the school. If you could spare a day to help out either weekly or monthly it would be greatly appreciated

Comleroy Road P&C Association

Next Meeting: Tuesday 2nd April starting at 6.30pm in the library.

Contact details for the P&C:

President—Tanya and Darren Barrington
0409 956 028

Vitalitycode101@gmail.com

Secretary

The P&C have a Facebook page. Search for Comleroy Road P&C and like the page to keep informed about the great work the P&C do.

New procedures for late arrivals and early departures

If your child is late arriving to school or leaving early please present to the front office to have the partial absence recorded straight into the computer system and receive a card. If the office is unattended please ring the bell.

Thank you for your patience

Communication

If you have any concerns or questions regarding your child please contact the school to speak to your child's teacher. It is extremely important that we have open lines of communication between school and home to ensure that the time your child spends at school is positive and productive. At any time you feel that issues are becoming ongoing or that you cannot speak to your child's teacher please feel free to make an appointment with myself so that issues can be resolved. Sometime issues can be a misunderstanding between students and can be resolved quickly if staff are informed of the situation. Your child spends a lot of time at school and the staff at Comleroy Road PS want that time to be enjoyable.



SPORT TERM 2

School sport day will be Monday during Term 2.

Students will be participating in the Footsteps Dance program.

Healthy Canteen Strategy

The revised healthy school canteen strategy has been designed to help reduce overweight and childhood obesity. As a school we are working closely with the canteen manager to ensure a successful transition to the new menu that complies with the criteria outlined. Can I thank the many parents that have expressed their views and offered suggestions on how we can improve our menu. I can assure you that we are listening to your views and are trialling many other snack options for our menu to find the right fit for us. Thank you all for continuing to support the schools efforts to promote healthy food and drink choices in the canteen.

Our canteen is run by our P&C and would not be operational if we didn't have the parents who volunteer each week. So thank you to all the parents who give up their time to work in our school canteen. If it wasn't for you our school would not have a canteen.

If you are available to help in the canteen please contact the school office.

Food and drink criteria

Target minimum criteria for all school canteens

Everyday food and drinks	Occasional food and drinks
At least $\frac{3}{4}$ of the menu.	No more than $\frac{1}{4}$ of the menu.
No Health Star Rating (HSR) cut-off.	Health Star Rating (HSR) of 3.5 stars and above.
Portion limits for flavoured milk, juice and ready-to-eat meals.	Portion limits for all Occasional food and drinks.
Display, favourably price, promote and advertise Everyday choices.	Occasional food and drinks not promoted at point of sale.

*Sugary drinks are not to be sold in NSW public schools.

Schools will be supported and encouraged to achieve higher benchmarks for healthy food and drink options in their canteens.

Permission to publish

Last year a permission to publish note was sent home to all students. If you would like to change this permission, can you please come in to the school office to fill out the required form.

Police visit

This week we had the Police Youth Liaison Officer come and visit students from Year 2 to Year 6. She spoke with the students about bullying, criminal offences and keeping safe online. The eSafety website has some useful information for parents on how to tackle issues around technology and is a valuable resource for parents to find more information about the games your children are playing online.

For more information visit <https://www.esafety.gov.au/parents>

EASTER RAFFLE DONATIONS

Comleroy Road P.S. P&C are holding their Easter hamper raffle. The raffle will be drawn at the Easter hat parade assembly on Friday 12th April.

We are asking if each family can kindly make a donation of Easter eggs, chocolate or gifts and baskets. Your donation would be gratefully received.

Donations can be left at the school office up to Tuesday 9th April.

Thank you,

P&C Committee





PRIME MINISTER

MINISTER FOR EDUCATION

Dear parents, carers and the school community,

Keeping our children safe is a shared responsibility. Schools, governments at all levels, the Australian community and, first and foremost, parents take this obligation seriously.

As parents, we know that it can be challenging to raise children today in a world where risks to safety can appear not only on the street but online. And it is not always easy to navigate when the online world can have real world physical and mental health impacts.

That is why our Government has developed resources to empower parents (and schools) to protect children and prepare them to be resilient, responsible and respectful adults:

- www.esafety.gov.au – resources that promote online safety including tackling image-based abuse and a complaints service for young Australians who experience serious cyberbullying.
- www.studentwellbeinghub.edu.au – support for students, parents and teachers to create a learning environment that promotes student wellbeing and the development of respectful relationships.

You can also visit www.bullyingnoway.gov.au for education and advice for kids, parents and schools on how to combat and respond to bullying.

Whatever age your kids, it is never too late to make changes to improve their welfare. With the fresh start that a new school year brings we encourage you to use these resources for practical advice on keeping your family safe and well through the year.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'Scott Morrison'.

SCOTT MORRISON

A handwritten signature in blue ink, appearing to read 'Dan Tehan'.

DAN TEHAN



RICHMOND RSL SUB BRANCH

of the
The Returned and Services League
of Australia
(New South Wales Branch)

ANZAC SERVICES

2019

Richmond War Memorial

ANZAC SUNDAY MARCH AND SERVICE

Sunday 14th April. The March commences at 24 West Market Street at 2.30 pm, with a Commemorative Service to follow at Richmond War Memorial, East Market Street. Members of the public who are a descendant of a former Veteran, of any conflict, are also invited to participate in the March wearing the medals of their Veteran, and/or carrying a photo or displaying the name of their Veteran. Following the Commemorative Service, members of the public are invited back to the Richmond RSL Sub-Branch for light refreshments.

ANZAC DAY DAWN SERVICE.

Thursday 25th April. The community is invited to join members of Richmond RSL Sub-branch in solemn observation of the Dawn Service at 4:45 for a 5am start at the Richmond War Memorial in Richmond Park.

The Lions Club will be providing members of the public breakfast, at a small cost (gold coin donation), following the Service.